Ealing groups working on various aspects of social care

Age UK Ealing: provides advice and support for older people (inc befriending service, day care provision, blue badge info etc): 020 8567 8017 or www.ageuk.org.uk/ealing

Certitude: A leading adult social care provider for people living with learning disabilities, autism, mental health support needs, their families and carers. In Ealing, CP House, 97-107 Uxbridge Road, W5 5TL; www.certitude.london

DeafPlus: www.deafplus.org; 63 Mattock Lane, W13 9LA; m 07564500534.

Dementia Concern: 223 Windmill Road, W5 4DJ; enquiries@dementiaconcern.co.uk; www.dementiaconcern.co.uk, or 020 8568 4448.

Ealing Advice Service: works with a consortium of local groups such as MENCAP, Age UK, DeafPlus, and operating from Lido Centre, 63 Mattock Lane, W13 9LA; www.ealingadviceservice.org or 0300 012 5464

Ealing Centre for Independent Living: Lido Centre, 63 Mattock Lane, W13 9LA; 020 8280 2274; ecil@ecil.org; www.ecil.org

Ealing & Hounslow Community and Voluntary Service: The Lido Centre, 63 Mattock Lane, W13 9LA; 020 8280 2230; www.ehcvs.org.uk

Ealing Law Centre: specialist legal advice and representation for local community – www.ealinglawcentre.org.uk; of 0208 579 4598

Ealing MENCAP: Provides support services to help people with learning and other disabilities. Contact - Entreprise Lodge, Stockdove Way, Greenford UB6 8TJ; info@ealingmencap.org.uk; 020 8566 9575; www.ealingmencap.org.uk

Ealing Save Our NHS – Local campaign group working actively to oppose cuts and the privatisation of local health services and hospitals www.ealingsaveournhs.org.uk

Healthwatch Ealing: www.healthwatchealing.org.uk; 020 38860 830 Healthwatch is a national consumer champion for health and social care, performing various statutory roles.

Independent Living Alternatives: www.ilanet.co.uk "a social enterprise established in 1989 that enables disabled people to live independently". ILA provides innovative and flexible alternatives to institutional and domiciliary "care" provision through a flexible range of personal assistance services informed by disabled people, mainly but not exclusively in and around London. 0208 343 6084

MIND (Ealing and Hounslow): works to make sure that everyone with a mental health problem gets the help they need to recover www.hfehmind.org.uk or 0208 571 7454.

Neighbourly Care: Charity supporting Ealing residents to combat isolation and loneliness through community engagement. www.neighbourly-care.org. Various venues across the Borough in Ealing, Acton, and Southall.

Southall Day Centre: 20 Western Road, Southall UB2 5DS; 020 8574 0902; services tailored to older people from Asian communities.

Trade Unions: Several trade unions organise locally inc. **GMB Union**: www.gmb.org.uk; **UNISON** www.unison.org.uk (see also their Ethical Care Charter); **UNITE** www.unitetheunion.org; or CASWO (www.caswo.org) – Care and Support Workers Organise!

More information on these groups and other sources of information and support are available on the website of the London Borough of Ealing (www.ealing.gov.uk) or by contacting the Ealing Reclaim Social Care Action Group direct.